August 31, 2017



AN ROASTED CORN

Whole kernel corn recipe quickly pan roasts frozen corn before seasoning with chili powder for delicious flavor



INGREDIENTS

Oil

corn

DIRECTIONS

STEP ONE

1 tablespoon Pure Wesson® Vegetable

Heat oil in large nonstick skillet over medium-high heat. Add corn; cook 10 to 12 minutes or until corn starts to brown, stirring occasionally.

STEP TWO

Stir in chili powder, salt and pepper.

NUTRITION INFORMATION

1/8 teaspoon ground black pepper

1 pkg (16 oz each) frozen whole kernel

TIPS

119 calories, 21g Carbs

1/2 teaspoon chili powder

1/4 teaspoon salt

VIEW COMPLETE NUTRITION INFORMATION For gluten free preparation, confirm all recipe ingredients are gluten free by reading product labels each time you make this recipe.



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