

★ Items in blue were added after Wellness Policy Approval

ANNUAL ASSESSMENT/REVIEW OF WELLNESS POLICY

CONDUCTED MAY 31, 2017

BY:


AUDRA LLOYD

BY:


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BY:


ANGELA CARTER

BY:


JULIE AUTREY

Quarterly District Members/Meetings/Attendance: 28 members

- October 6, 2016 12
- November 9, 2016 10
- January 18, 2017 8
- March 15, 2017 8

District/Community Level Activities:

- FY17 – Wellness Walk for School Gardens, November 10, 2016
- April 7 Eighth Grade Transition at Coastal Community College Campus
Basketball Shoot-Out Competition between students from all schools
- April District Spring Clean Up
- April 28 – District Fun Run hosted by City of Monroeville at the Square for winners of Alabama Physical Fitness Assessment
- May 5 – Health Fair hosted by Career Technology Department at Monroe County High School
- May 12 – District Extraordinary Olympics held at Monroe County High School

School Level Activities

- Excel:
 - Alabama Physical Fitness Assessment
 - GoNoodle Brain Breaks
 - Quality Physical Education offered to every student with teaching units involving rhythmic movement, dual and individual activities, static and dynamic movements along with target heart range.
 - [January 27 American Heart Association Jump-a-thon.](#)
- JFS:
 - Alabama Physical Fitness Assessment
 - Quality Physical Education offered to all students.
- JU Blacksher:
 - Alabama Physical Fitness Assessment
 - Quality Physical Education offered to all students
 - STOMP out Bullying and Say No to Drugs Walk around the football field.

- GoNoodle Brain Breaks
- Monroeville Area YMCA After School Academy
- MCHS:
 - Alabama Physical Fitness Assessment
 - Quality Physical Education offered to all students
- MIS:
 - Alabama Physical Fitness Assessment
 - Quality Physical Education offered to all students
- MES:
 - Alabama Physical Fitness Assessment
 - Quality Physical Education offered to all students
 - GoNoodle Brain Breaks
 - Monroeville Area YMCA After School Academy
- MMS:
 - Alabama Physical Fitness Assessment
 - GoNoodle Brain Breaks
 - Before the Bell Gym Time
 - Quality Physical Education with lesson plans that follow NASPE guidelines for Physical Education
 - [Spring Fling Field Day March 23, 2017](#)

Staff Activities:

- January 17 – March 22 Scale Back Alabama with teams at:
 Central Office opened to community members
 JU Blacksher
 Monroeville Middle School
 Monroe Intermediate School