

October 12, 2015

Nutrition Information:

Rapid Egg – Pasteurized Frozen Whole Egg with Citric Acid

SKU#: 3321-003-500-000; 3321-003-600-000

Ingredients: Whole Egg, Citric Acid

Nutrients	Per 100g	Nutrients	Per 100g
Basic Components		Vitamin E - IU (IU)	--
Calories (kcal)	142.786	Vitamin B1 (mg)	0.060
Calories from Fat (kcal)	91.662	Vitamin B2 (mg)	0.456
Calories from SatFat (kcal)	28.281	Vitamin B3 (mg)	--
Fat (g)	10.185	Vitamin B6 (mg)	0.170
Saturated Fat (g)	3.142	Folate (mcg)	72.891
Trans Fatty Acid (g)	0.038	Vitamin B12 (mcg)	1.068
Poly Fat (g)	1.908	Biotin (mcg)	--
Mono Fat (g)	3.880	Pantothenic Acid (mg)	1.478
Cholesterol (mg)	431.352	Minerals	
Carbohydrates (g)	1.048	Sodium (mg)	132.801
Dietary Fiber (g)	0	Potassium (mg)	129.805
Soluble Fiber (g)	--	Calcium (mg)	58.957
Insoluble Fiber (g)	--	Iron (mg)	1.852
Total Sugars (g)	0.369	Phosphorus (mg)	201.697
Other Carbs (g)	0.679	Magnesium (mg)	10.984
Protein (g)	11.932	Zinc (mg)	1.378
Ash (g)	1.098	Iodine (mcg)	--
Water (g)	75.737	Copper (mg)	0.053
Vitamins		Saturated Fats	
Vitamin A - IU (IU)	524.213	18:0 - Stearic (g)	0.811
Vitamin C (mg)	0	Other Nutrients	
Vitamin D - IU (IU)	81.877	Sugar Alcohol (g)	--