

# Nutritional Information

PRODUCT: PRIDE 40% WHIPPED SPREAD

PRODUCT NUMBER: 13687 (600/5g cup)

INGREDIENTS: WATER, CANOLA OIL, PALM OIL, CONTAINS LESS THAN 2% OF SALT, VEGETABLE MONO & DIGLYCERIDES, PECTIN, POTASSIUM SORBATE (A PRESERVATIVE), POLYGLYCEROL POLYRICINOLEATE, CITRIC ACID, ARTIFICIAL FLAVORS, DL-ALPHA TOCOPHEROL ACETATE (VITAMIN E), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (COLOR), VITAMIN D3.

NUTRITION INFORMATION PER 100 GRAMS	TYPICAL VALUES
Calories .....	358.1
Total Carbohydrates (g) .....	0.50
Dietary Fiber (g) .....	0.23
Total Sugars (g).....	0.24
Protein (g).....	0
Total Fat (g) .....	40
Saturated (g).....	8
Trans Fatty Acid (g) .....	0.37
Polyunsaturated (g).....	10.5
Monounsaturated (g).....	21
Cholesterol (mg).....	0
Sodium (mg).....	622.1
Vitamin A (IU) .....	3900
Vitamin C (mg) .....	0
Calcium (mg).....	2.1
Iron (mg).....	0.01
Vitamin D (IU).....	700
Vitamin E (IU).....	25

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<b>Nutrition Facts</b>	
Serving Size 1 Portion Cup (5g) Servings Per Container 600	
<b>Amount Per Serving</b>	
<b>Calories 20</b>	<b>Calories from Fat 20</b>
% Daily Value*	
<b>Total Fat 2g</b>	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 0g</b>	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein 0g</b>	
Vitamin A 4%	• Vitamin C 0%
Calcium 0%	• Iron 0%
Vitamin D 8%	• Vitamin E 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	

<b>Nutrition Facts</b>	
Serving Size 2 Portion Cup (10g) Servings Per Container 300	
<b>Amount Per Serving</b>	
<b>Calories 35</b>	<b>Calories from Fat 35</b>
% Daily Value*	
<b>Total Fat 4g</b>	<b>6%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 60mg</b>	<b>3%</b>
<b>Total Carbohydrate 0g</b>	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein 0g</b>	
Vitamin A 8%	• Vitamin C 0%
Calcium 0%	• Iron 0%
Vitamin D 20%	• Vitamin E 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	

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PRODUCT CHARACTERISTICS: A CLEAN, BUTTERY FLAVORED, LIGHT YELLOW COLORED SPREAD THAT POSSESSES A SMOOTH, BODY AND TEXTURE WITH EXCELLENT MOUTHFEEL AND MELTABILITY.

KOSHER SUPERVISION: KOSHER PAREVE AVAILABLE

CODE DATE: ALPHA PLANT DESIGNATION, JULIAN DATE AND YEAR

SHIPPING AND STORAGE TEMPERATURE: 35 – 45°F

ANALYTICAL:

Oil.....	40 – 41%
Salt .....	1.40 – 1.80%
Moisture .....	56 – 59%
Melt Point.....	87 – 90°F
Solid Fat Content.....	50°F 6.5 – 9.0%
	70°F 3.5 – 5.0%
	92°F 1.5 – 3.0%
	104°F 0 – 1%
Extraneous .....	None

MICROBIOLOGICAL\*:

Aerobic Plate Count .....	<10,000/gram
Mold & Yeast .....	<100/gram
Coliform .....	<10/gram
Staph. aureus (coag +) .....	<10/gram
Salmonella .....	0 in 25 grams

*\*Not routinely tested, only as requested/required*

SHELF LIFE: 180 days

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