

13207

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Fryersaver Battered Sweet Corn Nuggets
 USDA School Lunch Meal Planning Nutrition Facts
 Product Code: 80008428

NUTRITION FACTS	
Serving Size 2.0 oz (56.8g) (4 pieces) FROZEN *	
Amount per Serving	Calories from Fat 40
Calories 130	
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 3%
INGREDIENTS: Corn, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola), Sugar, Yellow Corn Flour. Contains 2% or less of Bleached Wheat Flour, Calcium Caseinate, Calcium Chloride, Corn Starch, Dextrose, Egg, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Modified Food Starch, Natural Flavor, Nonfat Milk, Oleoresin Turmeric and Paprika, Oleoresin Paprika, Paprika Oleoresin Color, Salt, Sodium Citrate, Sodium Tripolyphosphate, Sodium Silico Aluminate, Sodium Alginate, Soy Flour, Spice, Whey.	

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Corn, Frozen, Whole Kernel, Includes USDA commodity (p. 2-36)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	22.2	1/4 cup vegetable	4.5
1 Pound	11.1	1/2 cup vegetable	9.1

McCain Equivalent per Bag			
FBG serving adjusted to accommodate coating system; not part of vegetable serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2 pounds	16.00	1/4 cup vegetable	6.25
2 pounds	9.14	1/2 cup vegetable	10.94

McCain Equivalent per Case			
FBG serving adjusted to accommodate coating system; not part of vegetable serving			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
12 Pounds (Six bags per case)	96.00	1/4 cup vegetable	1.04
12 Pounds (Six bags per case)	54.84	1/2 cup vegetable	1.82

Vegetable Servings:

- * Per FBG, one 1/4 cup vegetable serving is equal to 4 corn nuggets (56.8g) (2.0oz)
- * Per FBG, one 1/2 cup vegetable serving is equal to 7 corn nuggets (99.3g) (3.5oz)

Grain/Bread Serving:

- * Per FBG, 7 corn nuggets (3.5 oz) is equal to 0.75 grain/bread servings (1 grain/bread serving is equal to 10 corn nuggets)

I certify that this information is true and correct.

7/29/2010

Date

Rachel Reiter

Research and Development

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GOLDEN CRISP®



80008428: Golden Crisp® Battered Sweet Corn Nuggets Product

Piece or Portion Cost: \$0.08

Best if used before 365 days from date of manufacture, when stored at 0°F or below

Count per pound: 30 to 36

Suggested Quantity per Serving: 6 pieces (82g)

Packaging: 6/2.00 LB PRINTED POLYBAGS IN A PRINTED MASTER CASE.

Case Config

Net weight inner pkg: 2lbs
Inner packs per case: 0
Net weight case: 12lbs
Gross weight case: 13.13lbs
Case cube size: 0.51 cu. ft.

Dimensions

Width: 12in
Length: 5.5in
Depth: 13.25in

Pallet Info

Cases per layer: 0
Layers per pallet: 0

Bar Codes

UPC: 072714084287
GTIN (Unit): 10072714084284
GTIN (Case): 10072714084284
GTIN (Pallet): 10072714084284
Napa #: 894001E595269

Ingredients:

Corn, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola), Sugar, Contains 2% or less of Bleached Wheat Flour, Calcium Caseinate, Calcium Chloride, Corn Starch, Dextrose, Food Starch - Modified, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Nonfat Milk, Oleoresin Turmeric and Paprika (color), Salt, Sodium Citrate, Sodium Tripolyphosphate, Sodium Alginate, Sodium Silico Aluminate, Spice, Whey, Yellow Corn Flour.

Nutrition Facts

Serving size: 82g
Servings per container: 11.00

Amount per Serving:
Calories: 190 Calories from fat: 50

	% of daily value
Total Fat: 6g	9%
Saturated Fat: 1g	5%
TransFat: 0g g	0%
MonoUnsaturatedFat:	
PolyUnsaturatedFat:	
Cholesterol: 0mg	0%
Sodium: 420mg	18%
Potassium:	
Total Carbohydrate: 31g	10%
Dietary fiber: 2g	9%
Sugars: 2g	
Protein: 3g	

Vitamin A: 0% Vitamin C: 0%
Calcium: 2% Iron: 4%

ALLERGENS

This product contains ingredients which may cause an allergic reaction to the following:



PREPARATION FROM FROZEN

Convection: Temp (°F): 450 Cook Time (min): 7

Bake: Temp (°F): 450 Cook Time (min): 10

Deep Fry: Temp (°F): 350 Cook Time (min): 3

Oven:

Instructions: OVEN: PREHEAT OVEN TO 450°F. PLACE FROZEN PRODUCT IN A SINGLE LAYER ON A SHEET PAN AND BAKE FOR 5 MINUTES ON EACH SIDE.

Convection Oven From Frozen:

Instructions: CONVECTION OVEN: PREHEAT OVEN TO 450°F. PLACE FROZEN PRODUCT IN A SINGLE LAYER ON A SHEET PAN AND BAKE FOR 3-1/2 MINUTES ON EACH SIDE.

SERVING SUGGESTIONS

6 pieces