#13218

Simplot Classic - Blend Italian (2/2)

Simplot CLASSIC®

Nutrition Facts

Serving Size 3 ounces (85g)
Servings Per Container: 11

Amount Per Serving	
Calories 30	Calories from Fat 0
	% Daily Value *
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 35mg	**1%**
Total Carbohydrate 6g	**2%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 1g	
Vitamin A	**15%**
Vitamin C	**15%**
Calcium	**2%**
Iron	**2%**

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.

		Calories 2000	2500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2,400g	2,400g
Total Carbohydrate		00g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat 9	Carbohydrate 4	Protein 4

Product Details

SKU	Packaging	Brand
10071179188872	1/20.00 LB	Simplot Classic

Gross Weight	Net Weight	Country of Origin	Yield
21.50 LB	20.00 LB	US	-

Gluten Ingredients Added	Gluten Free	Vegetarian	Vegan	Kosher
No	Yes	Yes	No	No

Shipping Information

Length	Width	Height	Case Cube	TiXHI	Shelf Life	Storage Temp From/To
15.500 IN	11.000 IN	8.250 IN	-		720 Days	-10 FA / 10 FA

Description

Simplot Classic Vegetable Blends are a delicious, eye-appealing chorus of Grade A vegetables. Par-blanched and pre-cut to reduce labor costs and prep time, these versatile blends help you capitalize on your customer's growing appetite for fabulous side dishes. Classic blends are great on the side or as part of your own signature recipes.

Features

Six different vegetables provide a colorful, engaging presentation.

Great for hot or cold side dishes.

The start of a quick and easy antipasto salad.

Suggested Uses

Unique, upscale blends make great signature side dishes.

Excellent meat alternative main dish.

Great ingredient items for soups, casseroles, and stews.

Mix with favorite house dressing for quick imaginative salads.

Offers low-fat menu selections.

Makes a quick and easy Antipasto Salad just add olives, salami, tortellini pasta, and Italian dressing.

INGREDIENTS
NFF-18897-00-RA

INGREDIENTS: ZUCCHINI, CARROTS, CAULIFLOWER, ITALIAN BEANS, LIMA BEANS, RED BELL PEPPER.

For food safety and quality cook to a temperature of 165F. To serve cold prepare vegetables as stated below. Then cool as rapidly as possible to refrigerated temperature.

STOVE TOP: Bring 1/2 cup water and 2 lbs. frozen vegetables to boil in a 3 quart saucepan. Cover and reduce heat to medium. Simmer for 7-9 minutes or until product is tender and thoroughly heated. Season and serve.

MICROWAVE: Place 2 lbs. frozen vegetables and 2 tablespoons of water into a microwave safe dish. Cover and cook on high for 5-6 minutes or until product is thoroughly heated. Stir halfway through cooking time. Season and serve. Note: Microwave ovens vary. Cooking times approximate.

PRESSURELESS STEAMER: Place 2 lbs. vegetables in a full size steam table pan. Do not add water or cover. Steam in a preheated pressureless steamer for 4-5 minutes uncovered or until product is thoroughly heated. Season and serve.

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Product Fact Sheet for Schools and Child Care Institutions

PRODUCT SPECIFICATION:	**VEGETABLE / BLEND, FROZEN: Simplot Classic® Italian Blend / SKU 10071179188872.** To be packed to U.S. Grade A Standard. To contain 26% Zucchini, 25% Carrots, 24% Cauliflower, 15% Italian Beans, 5% Lima Beans and 5% Red Peppers. **PACK SIZE:** 1/20 LB case.

NATIONAL SCHOOL MEAL PROGRAM YIELD AND CREDIT INFORMATION*

FBG: Squash, Summer, frozen *Zucchini Sliced*; Carrots, frozen *Slices Includes USDA Foods*; Cauliflower, frozen; Beans, Green, Flat Italian, frozen *Whole*; Beans, Lima, frozen *Baby Whole*; Peppers, Bell, frozen *Orange or Red, Diced*	Servings per LB	Servings per Bag	Servings per Case	Cases for 100 Servings
1.82 oz AP (frozen) provides one - ¼ cup serving of creditable vegetable	8.79	N/A	175.80	0.57
3.64 oz AP (frozen) provides one - ½ cup serving of creditable vegetable	4.39	N/A	87.80	1.14

Creditable Serving Size	Dark Green	Red/Orange	Starchy	Beans/Peas	Other or Additional	Meat Alt.
¼ cup					¼ cup	
½ cup		⅛ cup			⅜ cup	
¾ cup		⅛ cup			⅝ cup	
1 cup		¼ cup			¾ cup	

**Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update. Servings are approximate.*

NUTRITION INFORMATION	¼ cup	½ cup
Gram Weight (g)	**52**	**103**
Calories (kcal)	20	35
Calories from fat (kcal)	0	0
Fat (g)	0	0
Saturated Fat (g)	0	0
Trans Fat (g)	0	0
Cholesterol (mg)	0	0
Sodium (mg)	20	40
Potassium (mg)	-	-
Carbohydrates (g)	4	7
Dietary Fibers (g)	1	2
Total Sugars (g)	1	3
Protein (g)	1	2
Vitamin A (IU)	455.26	910.52
Vitamin C (mg)	5.46	10.93
Calcium (mg)	14.01	28.02
Iron (mg)	0.28	0.55

INGREDIENT STATEMENT:

Zucchini, Carrots, Cauliflower, Italian Beans, Lima Beans, Red Bell Peppers, Salt.

ALLERGEN INFORMATION:

N/A

FOOD SENSITIVITY INFORMATION:

Gluten-free. Vegan.

PREPARATION INSTRUCTIONS: *See www.simplotfoods.com for additional preparation instructions.*

STEAMER:	Place 2 lbs. of vegetables in a full-size steam table pan. Do not add water or cover. Steam in preheated steamer for 4-5 minutes or until product is thoroughly heated. Season and serve.
STOVE TOP:	Bring a ½ cup of water and 2 lbs. of vegetables to boil in a 3-quart saucepan. Cover and reduce heat to Medium. Simmer for 7-9 minutes or until product is tender and thoroughly heated. Season and serve.
SERVE COLD:	Prepare vegetables as stated above, then cool as rapidly as possible to refrigerated temperature.

CASE PACK:

Dimensions (LxWxH):	15.5" x 11" x 8.25"	**Pallet (TI/HI):**	10 x 6
Shelf Life (days):	720 @ 0°F	**Gross Weight (LB):**	21.50

I certify that the above information is true and correct as of June 26, 2013.

Shawanda Brown

Shawanda Brown, Regulatory Affairs and Nutrition Manager

J.R. Simplot Company / Food Group Technical Center

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