

13220

Simplot Daily Pick - Blend California 1/20#



Simplot Daily Pick - Blend California 1/20#

Nutrition Facts

Serving Size 3/4 cup (77g)
Servings Per Container: 0

Amount Per Serving	
Calories 20	Calories from Fat 0
	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 4g	1%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 1g	
Vitamin A	15%
Vitamin C	30%
Calcium	2%
Iron	0%

* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.

	Calories 2000	2500
Total Fat	Less Than 65g	80g
Sat. Fat	Less Than 20g	25g
Cholesterol	Less Than 300g	300g
Sodium	Less Than 2,400g	2,400g
Total Carbohydrate	00g	375g
Dietary Fiber	25g	30g
Calories per gram		
Fat 9	Carbohydrate 4	Protein 4

INGREDIENTS

Broccoli, Carrots, Cauliflower

Product Specifications

SKU	Packaging	Brand		
10071179034391	1/20.00 LB	Simplot Daily Pick		
Gross Weight	Net Weight	Country of Origin	Yield	
21.50 LB	20.00 LB	MX	-	
Gluten Ingredients Added	Gluten Free	Vegetarian	Vegan	Kosher
-	Yes	Yes	Yes	Yes

Shipping Information

Length	Width	Height	Case Cube	TixHI	Shelf Life	Storage Temp From/To
16.750 IN	10.000 IN	10.000 IN	0.910	12X7	720 Days	-10 FA / 10 FA

General Description

Simplot Daily Pick™ straight pack and vegetable blends are perfect for any plate, featuring fresh-from-the-farm flavor and texture, consistent sizing for reliable portion costs and a vibrant plate appearance that will complement any dish.

Benefits

Serving Suggestions

Prep Instructions

Keep frozen until ready to use, for food safety and quality, cook to a temperature of 165°F. To serve cold, prepare vegetables as stated below. Then cool as rapidly as possible to refrigerated temperature.

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179034391 Simplot Daily Pick® California Blend, 1/20 LB. To be packed to U.S. Grade A Standard. Product to contain 45% Broccoli, 28% Crinkle Cut Carrots, 27% Cauliflower.
-------------------------------	---

SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.16 oz. (about 1 cup)	½ cup cooked vegetable	n/a	101.26

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Spears	Dark Green	1.42	x	10.90 / 16	0.967
Carrots, frozen Sliced Includes USDA Foods	Red/Orange	0.88	x	9.87 / 16	0.542
Cauliflower, frozen	Other	0.86	x	9.20 / 16	0.494

Each 3.16 ounce serving of the product above contains 1/8 cup Dark Green vegetable, 1/8 cup Red/Orange vegetable and 1/4 cup Other/Additional vegetable.

INGREDIENT STATEMENT	NUTRITION INFORMATION																																
Broccoli, Carrots, Cauliflower.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td colspan="2">Serving Size 3.16 oz (90g)</td> </tr> <tr> <td colspan="2">Amount Per Serving</td> </tr> <tr> <td>Calories 25</td> <td>Calories from Fat 0</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 35mg</td> <td>1%</td> </tr> <tr> <td>Total Carbohydrate 5g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>8%</td> </tr> <tr> <td>Sugars 3g</td> <td></td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin A 20%</td> <td>Vitamin C 35%</td> </tr> <tr> <td>Calcium 2%</td> <td>Iron 0%</td> </tr> </table> <p>*Percent Daily Values are based on a 2,000 calorie diet.</p>	Nutrition Facts		Serving Size 3.16 oz (90g)		Amount Per Serving		Calories 25	Calories from Fat 0	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 35mg	1%	Total Carbohydrate 5g	2%	Dietary Fiber 2g	8%	Sugars 3g		Protein 1g		Vitamin A 20%	Vitamin C 35%	Calcium 2%	Iron 0%
Nutrition Facts																																	
Serving Size 3.16 oz (90g)																																	
Amount Per Serving																																	
Calories 25	Calories from Fat 0																																
% Daily Value*																																	
Total Fat 0g	0%																																
Saturated Fat 0g	0%																																
Trans Fat 0g																																	
Cholesterol 0mg	0%																																
Sodium 35mg	1%																																
Total Carbohydrate 5g	2%																																
Dietary Fiber 2g	8%																																
Sugars 3g																																	
Protein 1g																																	
Vitamin A 20%	Vitamin C 35%																																
Calcium 2%	Iron 0%																																
ALLERGENS PRESENT																																	
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																	
ADDITIONAL INFORMATION																																	
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal	<input checked="" type="checkbox"/> Smart Snacks Compliant																																

COOKING INSTRUCTIONS	
Steamer	Preheat pressureless steamer. Place 32 oz. of frozen vegetables into a full size steam table pan. Do not add water or cover. Steam for 4 minutes or until vegetables are thoroughly heated. Season and serve.
Stove Top	Bring 4 quarts water to boil in a 5 ½ quart saucepan. Add 32 oz. of frozen vegetables to boiling water and reduce heat to medium. Simmer, uncovered, for 5 minutes or until vegetables are tender and thoroughly heated. Drain vegetables, season and serve.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	21.50 LB	Case Cube (ft.³)*	0.91	Pallet TI / HI*	12 / 7
Outer Case Dimensions (L x W x H)*	15.75" x 10" x 10"			Shelf-Life	24 months

I certify that the information provided is true and correct.

Shawanda Brown

Shawanda Brown | Principal Scientist Regulatory Nutrition