

McCain® ALL AMERICAN DELI ROASTERS® SEASONED DICED POTATOES
USDA School Lunch Meal Planning Nutrition Facts
MCF03927

NUTRITION FACTS

Serving Size 3.14 oz. (89g) **FROZEN ***

Amount per Serving	Calories from Fat 30
Calories 140	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polysaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 160mg	6%
Potassium 350mg	10%
Total Carbohydrate 25g	8%
Dietary Fiber 2g	9%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 8%
Calcium 0%	Iron 4%


INGREDIENTS: Potatoes, Vegetable Oil (contains one or more of the following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Corn Starch - Modified, Dehydrated Garlic, Spices, Salt, Dehydrated Onion, Rosemary, Dehydrated Red Bell Pepper, Autolyzed Yeast Extract, Paprika, Dextrose, Sodium Acid Pyrophosphate Added to Preserve Natural Color.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potato products, frozen, Skins or Pieces or Wedges, etc. With skin, Cooked (pg. 2-70)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup heated vegetable	9.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	25.44	1/2 cup heated vegetable	3.93

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	152.64	1/2 cup heated vegetable	0.66

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Creditable Ingredient**	Portion of Multiply	FBG Yield /Servings per	Creditable Amount*
Potato products, frozen, skins,	3.02 oz by weight	X	10.6 / 16	2.000
A. Total Creditable Amount				
* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.				
* Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.14 oz of McCain seasoned fries. Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.				
Quarter Cup to Cup Conversion:				
0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup		2.5 Quarter Cups = 5/8 Cup	
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup		3.0 Quarter Cups = 3/4 Cup	

1/2/2014
 Date

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 Research and Development