



Product Specification and Nutritional Information

Current Revision Date: **10/9/2015** Replaces Spec Dated

7/1/2015



Stock Code		Product Name							
93540		Beef & Bean & Textured Vegetable Protein Burritos							
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/ GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
5.200	96	31.20	10006574935400	33.97	1.140	19.250 L 14.625 W 7.000 H	48	6 x 8	
Child Nutrition (CN) Meal Pattern Contributions ¹									
				CN # 083640	CN Date 07-12	CN Expiration Date 7/16/2017			
Each 5.200 oz. portion provides*:		Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)	
A		2.00	2.00						
--- OR ---									
B		2.00	2.00						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)

1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Water, Ground Beef (Not more than 20% Fat), Pinto Beans, Textured Vegetable Protein Product [Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), and Cyanocobalamin (B12)], Flavorings, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), and Salt.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)]], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT & SOY

BID Specification

Burrito -Frozen, Ground Beef & Bean Mild in flavor. Each 5.20 oz burrito provides 2 OZ Meat/Meat Alternate and 2 OZ Grain EQV towards the NSLP. Whole Grain Rich Tortilla CN labeled. Preparation instruction printed on outside of case. Burrito is individually wrapped ovenable film containing high impact graphics that can be recycled. 96 count No more than 403 mg Sodium, Less than 8% calories from saturated fat, 0 Trans Fat added, No less than 278 Kcal. Hand held-Fully cooked. Los Cabos Brand 93540

Nutritional Information

Serving Size 5.200 oz. (147.42 g)

Servings Per Package: **1**

Calories (Kcal) 278.76

Calories from Fat 72.54

Protein (g) 15.71

Carbohydrates (g) 38.80

Sugars (g) 1.41

Tot. Dietary Fiber (g) 7.50

Ash (g) 1.96

% Calories from Fat 26.02%

% Calories from Sat Fat 7.20%

Fats

Total Fat (g) 8.06

Saturated Fat (g) 2.23

Trans Fat (g)* 0.00

Cholesterol (mg) 15.74

Water (g) 79.33

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%

Data Source: USDA Handbook 8

Vitamins

Vitamin A (RE) 31.63

Vitamin A (IU) 320.02 6%

Vitamin C (mg) 1.02 2%

Minerals

Iron (mg) 3.59 20%

Sodium (mg) 402.91

Calcium (mg) 69.99 6%

Potassium (mg) 489.35

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 50 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Thawed: Heat for 45 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information, visit our website at www.mcifoods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Individually Wrapped

Los Cabos Mexican Foods

DOP: 194-12-15

KEEP FROZEN

Ingredients: Filling: Water, Ground Beef (Not more than 20% Fat), Pinto Beans, Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Nicotinic Acid, Riboflavin (B2), and Cyanocobalamin (B12)), Flavorings, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), and Salt.

10006574144222



CN-MEAT-WG
10006574144222



Stock Code
93540
Lot #
45554

Beef & Bean & Textured Vegetable Protein Burritos

96 CT - 5.20 OZ.

W103 PF101

Lot
45554

Each 5.20 oz. Burrito provides 2.00 oz. equivalent meat/meat alternative and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Required Items. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-12.)

083540

CN CN CN

Whole Wheat Flour Tortilla, Soy Flour Enriched Wheat Flours (Whole Wheat Flour, Enriched Bleached Flour, Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monosodium Phosphate, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: Place burritos on a sheet pan with seam of wrapper facing down. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-21 min. Refrigerated: Heat for 11-13 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 24-28 min. Refrigerated: Heat for 13-15 min. Microwave: Frozen: Heat on High for 30 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

93540

Contains WHEAT & SOY

NET WT. 31 LBS. 3.20 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

BEEF & BEAN
AND TEXTURED VEGETABLE PROTEIN

BURRITO



KEEP FROZEN

NET WT. 5.20 OZ. (147g)

