#16113

Printed: 03/20/2013

GENERAL MILLS
BAKERIES & FOODSERVICE

18000-27852

Pillsbury FRUDEL™ APPLE NATURALLY FLAVORED STRUDEL

NET WT. 2.29 OZ (65g)

INGREDIENTS:
WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLE STRUDEL FILLING (WATER, SUGAR, CORN SYRUP, MODIFIED CORN STARCH, APPLE PULP, MALIC ACID, PALM KERNEL OIL, MOLASSES, SODIUM CITRATE, SALT, SODIUM BENZOATE [PRESERVATIVE], GELLAN GUM, SPICE, XANTHAN GUM, LOCUST BEAN GUM, CARRAGEENAN, NATURAL FLAVOR), SUGAR, PALM OIL, CANOLA OIL, YEAST, SOYBEAN OIL. CONTAINS 2% OR LESS OF: NONFAT MILK, SALT, NATURAL FLAVOR, TBHQ (PRESERVATIVE).

CONTAINS WHEAT AND MILK INGREDIENTS.

Nutrition Facts

Serving Size 1 Frudel (65g)

Calories 210
Calories from Fat 50

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 6g	9%	Total Carbohydrate 36g	12%
Saturated Fat 1.5g	8%	Dietary Fiber 2g	8%
Trans Fat 0g		Sugars 11g	
Cholesterol 0mg	0%	Protein 5g	
Sodium 280mg	12%		

Vitamin A 0% · Vitamin C 0% · Calcium 0% · Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Nutrition Information

100g

Amount Per Serving	
Calories	269.1
Calories from Fat	66.3
Total Fat	7.4 g
Saturated Fat	2.0 g
Trans Fat	0.1 g
Cholesterol	0.4 mg
Sodium	361.0 mg
Total Carbohydrate	46.4 g
Dietary Fiber	2.7 g
Sugars	13.8 g
Protein	6.2 g
Vitamin A	0.0 IU
Vitamin C	0.0 mg
Calcium	0.0 mg
Iron	1.4 mg

CHILD NUTRITION PROGRAM: 1 Frudel® = 2 OZ EQ GRAINS

IMPORTANT: The Nutrition Facts values are accurate only if nothing has been added (e.g., egg wash, icing, etc.) If left blank, you must fill in the correct baked weight for serving size, servings per container, and net weight.

IMPORTANT: The Nutrition Information is given in unrounded figures so that it can be combined with other ingredients used in making up finished products.

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

QUESTIONS? Call 1-800-767-5404
GENERAL MILLS * P.O. Box 200 - FS * MINNEAPOLIS, MINNESOTA 55440

I certify that the information contained in this document is true and correct as of the date above. Seema Chopra - General Mills Product Labeling

GENERAL MILLS

Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Pillsbury® Frudel® Apple Code No.: 18000-27852

Manufacturer: General Mills, Inc. Serving Size 2.29 OZ (65g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes X No **How many grams:** <3.99g
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. *(Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)*
Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion[1] A	Gram Standard of Creditable Grain per oz equivalent *(16g or 28g)*[2] B	Creditable Amount A ÷ B
Whole Wheat Flour, Enriched Flour	32g	16g	32g ÷ 16g = 2
Total Creditable Amount[3]			2.00

*Creditable grains are whole-grain meal/flour and enriched meal/flour.
[1](Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
[2]Standard grams of creditable grains from the corresponding Group in Exhibit A.
[3]Total Creditable Amount must be rounded ***down*** to the nearest quarter (0.25) oz eq. Do ***not*** round up.

Total weight (per portion) of product as purchased 2.29 OZ (65g)
Total contribution of product (per portion) 2.00 oz equivalent

I certify that the above information is true and correct and that a 65g/2.29 ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Rose Tobelmann

Signature — Director, Title

Rose Tobelmann, MS, RD — Printed Name

8/5/2013 — Date

1-800-767-5404 — Phone Number

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8¾ C.C

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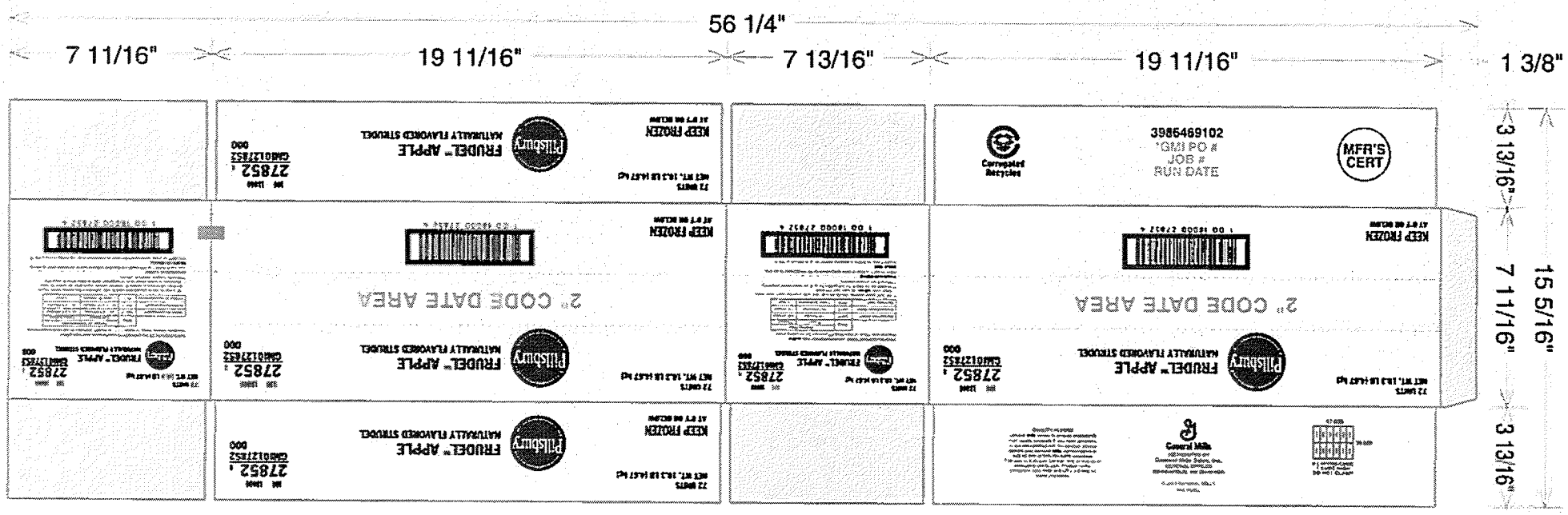
"SCHAWK! - FOR INTERNAL USE ONLY"

P1-RD-46383 REV 3 (08-30-2011) FRUDEL POUCH
DRAWN BY: PETE ULSTROM DATE: 08-06-2009
SENT: 09-01-2011



Container Graphics Corporation

Customer: GENERAL MILLS BFS *Description:* P1-RD-47111 REV 0 GMI DATE (8/18/2011) 3986469102 FRUDEL™ APPLE NATURALLY FLAVORED STRUDEL

Date: 2/26/13 *Job-Rev:* 476153-2v2 *Colors:* BLACK